



G·O·L·D·E·N
BOUGH

Nutrition Facts

PRODUCT DESCRIPTION

Product Name	CHERVIL FLAKES CHOICE
	Choix de Flocons de Cerfeuil
Botanical Name	<i>Anthriscus cerefolium</i>
Item No	100

Nutrition Facts				Valeur nutritive			
Per 1/8 cup (10 g)				Par 1/8 Coupe (10 g)			
Amount	% Daily Value			Teneur	% Valeur quotidienne		
Calories 24				Calories 24			
Fat 0.39 g	1%			Lipides 0,39 g	1%		
Saturated 0.017 g	<1%			saturés 0,017 g	<1%		
+ Trans 0 g				+ trans 0 g			
Cholesterol 0 mg	0%			Cholestérol 0 mg	0%		
Sodium 8 mg	<1%			Sodium 8 mg	<1%		
Carbohydrate 4.91 g	2%			Glucides 4,91 g	2%		
Fibre 1.1 g	4%			Fibres 1,1 g	4%		
Sugars 0 g				Sucres 0 g			
Protein 2.32 g				Protéines 2,32 g			
Vitamin A 20%	Phosphorus 4%	Vitamine A 20%	Phosphorus 4%	Vitamine A 20%	Phosphorus 4%	Vitamine A 20%	Phosphorus 4%
Vitamin C 8%	Calcium 12%	Vitamine C 8%	Calcium 12%	Vitamine C 8%	Calcium 12%	Vitamine C 8%	Calcium 12%
Thiamin 3%	Magnesium 5%	Thiamine 3%	Magnésium 5%	Thiamine 3%	Magnésium 5%	Thiamine 3%	Magnésium 5%
Riboflavin 4%	Zinc 10%	Riboflavine 4%	Zinc 10%	Riboflavine 4%	Zinc 10%	Riboflavine 4%	Zinc 10%
Vitamin B6 5%	Sodium <1%	Vitamine B6 5%	Sodium <1%	Vitamine B6 5%	Sodium <1%	Vitamine B6 5%	Sodium <1%
Folate 12%	Potassium 14%	Folate 12%	Potassium 14%	Folate 12%	Potassium 14%	Folate 12%	Potassium 14%
Iron 23%		Le fer 23%		Le fer 23%		Le fer 23%	

This information is presented in the belief that it is accurate and reliable; however, no warranty, either expressed or implied is made and no freedom from liability from patents, trademarks, or other limitations should be inferred. Any data listed are averages only and are not to be considered as guarantees expressed or implied, nor as a condition of sale. Final determination of suitability of any material is the sole responsibility of the users.